# Heart Safe Rhythms

Newsletter of Heart Safe La Plata

January 2008 - Issue #6



# **Company Profile - Schools!**

Ignacio, Silverton, Bayfield and Durango schools now have AEDs in all of their locations. It is an accomplishment of which we are very proud. Not only are all of our school children protected, but the teachers, administrators, and employees of the various school districts. And, every time there is a community meeting held on school property, all of those attending are now protected too.

Bayfield Schools have also trained two of their nurses to be CPR Instructors. This will help them keep all of their staff certified and equipped to respond to any emergency. Thanks to **Maggie Morelli** and **Patricia Schuler-Mahaney** for their willingness to instruct.

Our next goal with the schools is to have AEDs available to the athletic offices to travel with the teams who are traveling to remote games. Anyone want to sponsor one of these?

# **Grant Ending is Just a Beginning**

During the three-year grant period we placed 151 AEDs, welcomed four existing units into our program, trained 845 people in CPR/AED, raised \$84,000 of buyin funding, and raised another \$51,000 from community donations, in-kind donations, and training classes. With the 36 AEDs in our inventory and additional buy-in funding from these AEDs, we can place *another 140 AEDs*.

So even though the grant funding is over, there are plenty of AEDs in inventory that still need to be placed. We think that enough funding remains to place a total of 300 or more AEDs. Please help us find more sites to join our cause.

#### More Partners are Needed

We are looking for clubs and civic organizations to help cover the cost of additional AED placements. There are some major commercial locations, like the Durango Mall, that should have public-access AEDs available. If you know of someone who would like to fund the \$900 buy-in for some of these locations, give one of our Board Members a call. We will acknowledge the contribution with a sign on the AED itself indicating who helped to place it.

Also, if you would like to recommend a location for sponsorship, we would appreciate the referral.

#### **Medical Director Profile**



Dr. Anthony
DeMond trained in
Emergency
Medicine at Los
Angeles county.
Following his
residency, he
worked at the
Emergency
Department of the

Indian Health Service Hospital in Gallup, New Mexico.

In 1989 he moved to Durango, and joined the staff of the Emergency Department at Mercy Medical Center where he became the physician advisor for the Mercy paramedics. He instituted several programs as the first of their kind for semi-rural counties including: a pre-hospital RSI program and a pre-hospital EKG transmission program. After consolidation of three fire districts with Mercy Paramedics, he became the Medical Director for the Durango Fire and Rescue Authority. When Ignacio's former ambulance service and the Los Pinos Fire Protection District were able to consolidate and upgrade to a paramedic-level EMS agency, he also became Medical Director for Los Pinos. Following the retirements of Dr. John Withers and Dr. Kimberly Johnson he became Physician Advisor for Fort Lewis Mesa Fire Protection District and Medical Director for Upper Pine Fire Protection District. So Dr. DeMond now has medical oversight over all the ground transporting agencies in La Plata County as wells as overseeing the efforts of Heart Safe La Plata.

Regarding Heart Safe La Plata, Dr. DeMond has this to say:

I applaud all those who have worked with Heart Safe La Plata to be first responders in our community... I was honored when Heart Safe La Plata came to me and asked if I would be willing to be its physician advisor. I marvel at how far we have come in placing life-saving AEDs around the County. I marvel at how Heart Safe La Plata was able to make a small grant that might buy 100 AED's actually buy 300 AEDs by getting buy-ins from many businesses, agencies, and individuals around the County. I am proud to be a citizen of this county!

### **Heart Safe La Plata Training Center**

Our CPR, AED, and First Aid Training Center is helping us to become self-sustaining. Thanks to J.T. Coyne, our Program Coordinator, we are conducting regular community classes as well as business classes. Our course offerings include CPR, AED, First Aid, First Responder, and Wilderness First Responder. Give J.T. a call at 769-7473 if you would like to schedule a class at your business.

## **Current AED Placements**

AccounTax CPAs, Main Mall

Animas Dental Associates

Bank of the San Juans (All 3 branches!)

Bar D Chuckwagon (summer only, sponsored by Mountain Bike Specialist)

Bayfield Parks & Rec (sponsored by Pinnacle Surveying)

Dr. Ronald Caldwell, 2301 W. 2nd Ave

Christ the King Lutheran Church

City of Durango

Mason Center

City Hall

General Services

Rec Center

Chapman Hill

Library

Police Dept.

Colorado Department of Transportation (2 in Durango, 1 in Alamosa)

Colorado Trails Ranch

Curves for Women, 489 Florida Rd

Dalton Ranch & Golf Club

Jay Daniel

Durango & Silverton Narrow Gauge

5 trains

Dispatchers Office

Ticket Office

Durango Custom Hats, 563 Main Ave.

Durango Dental Associates, 3235-A Main Ave.

Durango Dental Clinic, 2323 W. 2<sup>nd</sup> Ave.

Durango Fire & Rescue Authority

Durango Mountain Resort

Purgatory Village Hotel

Cascade Village

Dante's (winter only)

Powder House (winter only)

Security

Ski Patrol (winter only)

Tamarron Lodge

Durango School District 9R (15 units)

ENV, LLC, 10 Burnett Ct.

First National Bank (all 5 branches, including Wal-Mart!)

Fitness Solutions 24/7

Fort Lewis College

Miller Student Center - main lobby across from Native American

Center

Student Life Center – main lobby behind desk

College Union Building - main lobby near information desk

Natatorium – first aid room

Whalen Gymnasium - south end near Exercise Science offices

Physical Plant - near Service Center offices

Center of Southwest Studies - main lobby

Community Concert Hall - main lobby

Thanks to Durango Fire & Rescue Authority for working with us to schedule the community classes. DFRA allows us to use their training room, their storage facilities, and even their personnel. If you would like to sign up for a community class, give DFRA a call at 382-6003.

Because of the large number of classes we are teaching, we are always looking for more CPR instructors. If you would be willing to teach for us and hold a current CPR Pro Certification, give J.T. a call.

FLC - Head Athletic Training Office located in Whalen Gymnasium

Fort Lewis Police (3 units)

Four Corner's Heart Clinic

Four Corner's Materials

Glacier Club (2 units)

Heartwood Cohousing - Bayfield

Ignacio School District 11 JT (5 units)

La Plata County

County Courthouse

Fairgrounds

Ballfields (summer only)

Exhibit Hall

**Extension Offices** 

Klatt Arena (summer only)

Jail

Old Main Post Office

Road and Bridge

19 Sheriff's Officers

La Plata County Airport (2 units)

La Plata Electric Association, 45 Stewart St. & Pagosa Springs

La Plata Senior Center, 2424 Main Ave.

Ladies Workout Express, 16 Town Plaza

Dr. Jeff Nelson, 125 CR 250

Dr. Bill Palko-Schraa, 129 E 32<sup>nd</sup>

Pine River Valley Bank

Red Cedar Gathering (5 units)

Mark Rich

San Juan Public Lands

Bayfield

Durango (2 locations)

Silverton

Silverton Mountain (winter only)

Silverton Public Schools (2 units, sponsored by Iron Horse Bicycle Classic)

Southern Ute Tribe

Annex Building

Casino (new complex will have 8 AEDs)

Community Center

Growth Fund Building

Head Start/Early Start Justice and Regulatory Building

Southern Ute Lodge and Casino

Tribal Admin Building

Strater Hotel

Tall Timbers (2 units)

The Training Room, 575 River Gate Ln #208

Town of Ignacio

4 Police Units

Town Hall, 540 Goddard

Vista de Oro Homeowners

Heart Safe La Plata