



## HSLP Going Paperless

Most of our sites check their batteries regularly. Our policies and your agreement with us requires that you check your batteries and pads regularly AND let us know that you have checked them. Heart Safe La Plata keeps records regarding the current functionality of AEDs at all our placement sites. We would like to start keeping those records electronically rather than on paper. Currently, many of you Fax in your checklists on a monthly basis.

If you are not currently sending your checklist via e-mail, your help is greatly needed. We would like all of the AED Checklists to be reported on the Excel spreadsheet via e-mail. You can download a blank copy of the User Checklist from our website on the application page step #9 [www.heartsafelaplata.org/application.htm](http://www.heartsafelaplata.org/application.htm).

**Please put your HSLP AED #, the Medtronics Serial Number and your pad expiration dates on the report.**

Then just e-mail the spreadsheet to [barbaralawson@mydurango.net](mailto:barbaralawson@mydurango.net) once a month.

If you are already sending your reports via e-mail, please keep doing so. Once you have e-mailed your report, we will record your maintenance in our database and archive the report. This will eliminate all of the printed faxes and filing of paper copies. We believe this will be easier for you too. Thanks for being willing help!

## Wilderness First Aid Class Offered

Heart Safe LA Plata is now offering wilderness first aid classes using the ASHI Wilderness Emergency Care textbook which provides in-depth coverage of wilderness emergencies, graphic illustrations, and special care considerations in outdoor environments.

The Wilderness First Aid (WFA) class is 16 hours in length and covers patient assessment, environmental hazards such as heat and cold injuries and altitude illness. Plenty of time is spent with “hands-on” practice of wilderness wound care, splinting and medical problems. Also included will be Adult CPR and the use of the AED (automatic external defibrillator). The \$95.00 student fee includes the student handbook, all bandaging/splinting supplies and a three-year WFA certification and a two-year CPR certification. The price also includes a light lunch on the first day.

Classes must have a minimum of six students and no more than ten students. They can be tailored to your organization’s needs. Call J.T. Coyne for more information at 769-7473.

## High-Noon Rotary Funded Placements

The Heart Safe La Plata Board of Directors met with Mark Prouty, President of the High Noon Rotary, to review the applications for placement of two AEDs sponsored by the Rotary. It was very difficult to make our selections since there were many well-written and worthy applications. Evaluation criteria included the populations served by these locations, the willingness of the applicants to respond outside their own facilities as part of our **AED Alert!** Program, and the proximity of other AEDs. The sites selected were **Bayfield Parks and Recreation** and the **Durango Adult Education Center**.

The Bayfield Parks and Recreation facility is in downtown Bayfield and the staff is willing to respond to most of downtown Bayfield including the new preschool facility, Eagle and Joe Stephenson Park, and the Bayfield Town Hall. The Durango Adult Education Center is located in The Commons building at 701 Camino del Rio which also serves as a home to Southwest Colorado Community College, Southwest Conservation Corp., Alternative Horizons, Alzheimer’s Association, Girl Scouts, La Plata Housing Alliance, Sexual Assault Services Organization and a social services branch of the University of Denver.

## Cardiac Emergencies in 2009

Every AED placement is important. In 2009 we had several cardiac emergencies. There were two cardiac emergencies at Fort Lewis College, one at the Southern Ute Community Center swimming pool, and one at Trimble Hot Springs. AEDs were deployed at all three locations.

We are passionate about protecting our community members. Our thanks go to Hendrina Bell, the lifeguard at Trimble, whose quick CPR action saved the life of a 9 year old boy, to Lisa Allen and her lifeguards in Ignacio who recognized an emergency and responded promptly, and to the Fort Lewis College Police who are equipped with AEDs and mentally prepared to respond. Thank goodness that all these sites had the foresight to prepare and equip their people. They have earned our respect.

## Heart Safe La Plata Has a Website!

The Heart Safe La Plata website is operational. Please visit us at [www.HeartSafeLaPlata.org](http://www.HeartSafeLaPlata.org). You will find our forms, class schedules, and placement locations.

## Heart Safe La Plata Ball Caps for Sale

You can now purchase ball caps with the Heart Safe La Plata logo. Be the first in your neighborhood to sport the truly chic khaki or grey hat. Help us promote our program. Cost of the ball cap is \$5. Contact J.T. Coyne at 769-7473 to purchase your cap or ask any CPR or First Aid Instructor during a class.

## Current AED Placements

AccountTax CPAs, Main Mall  
Animas Dental Associates  
Bank of Colorado  
Bank of the San Juans (All 3 branches!)  
Bar D Chuckwagon (summer only, sponsored by Mountain Bike Specialist)  
Bayfield Marshall (2 units)  
**Bayfield Parks & Rec (sponsored by High Noon Rotary)**  
Bayfield Realty at Vallecito  
Bayfield School District 10 JTR (5 units)  
Bayfield Senior Center (sponsored by Pinnacle Surveying)  
BP America (15 units)  
**Dr. Ronald Caldwell (2 units)**  
Christ the King Lutheran Church  
City of Durango  
    Chapman Hill  
    City Hall  
    General Services  
    Library  
    Mason Center  
    Police Dept.  
    Rec Center  
**Transit Center**  
Colorado Department of Transportation (2 in Durango, 1 in Alamosa)  
Colorado Trails Ranch  
Country Market at Vallecito  
Dalton Ranch & Golf Club  
Dental Associates of the Southwest (Bayfield and Durango)  
Durango & Silverton Narrow Gauge  
    5 trains  
    Dispatchers Office  
    Ticket Office  
**Durango Adult Education Center (sponsored by High Noon Rotary)**  
Durango Dental Associates, 3235-A Main Ave.  
Durango Dental Clinic, 2323 W. 2<sup>nd</sup> Ave.  
Durango Fire & Rescue Authority  
Durango Herald  
Durango Mountain Resort  
    Purgatory Village Hotel  
    Cascade Village  
    Dante's (winter only)  
    Powder House (winter only)  
    Security  
    Ski Patrol (winter only)  
    Tamarron Lodge  
**Durango Mountain Master Association/Durango Mountain Club**  
Durango School District 9R (15 units)  
Durango Sports Club (2 units)  
Durango Urgent Care  
First National Bank (all 5 branches, including Wal-Mart!)  
First United Methodist Church  
Fitness Solutions 24/7  
Fort Lewis College  
    Miller Student Center – main lobby across from Native American Center  
    Student Life Center – main lobby behind desk  
    College Union Building – main lobby near information desk  
    Natatorium – first aid room

## Board Members

Mark Rich, President . . . . . 375-0806  
Amy Knight, Vice-President . . . . . 749-3239  
Scott Sholes, Treasurer . . . . . 382-6039  
Barbara Lawson, Secretary . . . . . 884-2406  
Patty Egger, Member-at-Large . . . . . 382-6031

Fort Lewis College (con't)  
    Whalen Gymnasium – south end near Exercise Science offices  
    Physical Plant – near Service Center offices  
    Center of Southwest Studies – main lobby  
    Community Concert Hall – main lobby  
    Head Athletic Training Office located in Whalen Gymnasium  
    Intramural Teams (2 units)  
Fort Lewis Police (3 units)  
Four Corner's Heart Clinic  
Four Corner's Materials  
Glacier Club (4 units)  
Heartwood Cohousing - Bayfield  
Ignacio School District 11 JT (5 units)  
La Plata County  
    County Courthouse  
    Fairgrounds  
        Ballfields (summer only)  
        Extension Offices  
        Klatt Arena (summer only)  
    Jail  
    Old Main Post Office  
    Road and Bridge  
    19 Sheriff's Officers  
La Plata County Airport (2 units)  
La Plata Electric Association (Durango & Pagosa Springs)  
La Plata Family Medicine  
La Plata Senior Center, 2424 Main Ave.  
Ladies Workout Express, 16 Town Plaza  
Mind & Body Works, 129 E 32<sup>nd</sup>  
Dr. Jeff Nelson, 125 CR 250  
Pine River Valley Bank  
Red Cedar Gathering (5 units)  
Rivergate Physical Therapy  
Mark Rich  
Rocky Mountain General Store at Vallecito  
San Juan Public Lands  
    Bayfield  
    Durango (2 locations)  
    Silverton  
Silverton Public Schools (2 units, sponsored by Iron Horse Bicycle Classic)  
Southern Ute Tribe  
    Annex Building  
    Casino (new complex will have 8 AEDs)  
    Community Center  
    Growth Fund Building  
    Head Start/Early Start  
    Justice and Regulatory Building  
    Southern Ute Lodge and Casino  
    Tribal Admin Building  
Strater Hotel  
Tall Timbers (2 units)  
Tech Center Plaza, 10 Burnett Court  
Three Springs Development  
Town of Ignacio  
    4 Police Units  
    Town Hall, 540 Goddard  
Vista de Oro Homeowners

Heart Safe La Plata - [www.heartsafelaplata.org](http://www.heartsafelaplata.org)

La Plata County EMS Council

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