



## Our System Is Working!

Sometimes the system works just right. November 2, 2011, was just such a day. A 911 call to Central Dispatch brought three CPR-trained Durango Police Department officers to a house along with their CR+ automated external defibrillator. Don Cummings, Brad Roach, and Rita Warfield assessed the patient and started CPR while attaching the AED. They delivered the first shock. DFRA paramedics arrived and used their medications, intubated the patient, and delivered additional shocks. By the time they started for the hospital, a pulse had returned.

The patient has been treated and released from the hospital. The system worked ... from the citizen's call to 911 ... to the first response by the Durango Police Department with their defibrillator ... to the advanced care by the paramedics ... to the emergency care in the hospital. This is why we exist. Our thanks to each and every site for your participation and for keeping your CPR training up to date!

## Senate Bill 12-098

A bill has been introduced in the Colorado Senate that would make CPR and AED training mandatory in High School. The American Heart Association is supporting this legislation and similar bills in many more states. Imagine graduating entire classes of high school students who are comfortable with CPR and defibrillators. What a tremendous benefit it would be as these young people enter college or take jobs in the community. The Board of Heart Safe La Plata has been trying to get CPR-AED training in the schools for years. We whole-heartedly support this legislation. Please help us and let your legislators know what you think.

## Welcome Kathy Morris

Kathleen Morris has agreed to work on the Heart Safe La Plata Board. As Regional Safe Schools Coordinator for the San Juan Board of Cooperative Educational Services (BOCES), she has more than eight years of experience in the school safety field. She currently serves nine public schools within the five counties of Southwest Colorado. Kathleen also serves as a director on the Colorado School District Self Insurance Board.



“Kathy is a dedicated and knowledgeable professional who cares deeply about the safety of her charges. Her passion and leadership are tremendous assets to any organization.” She may be reached at [kmorris@sjboces.org](mailto:kmorris@sjboces.org).

## Welcome Brett Sherman

Brett Sherman has also agreed to serve on the Heart Safe La Plata Board. Brett is a Licensed Professional Engineer doing civil engineering work with both Harris Water Engineering, Inc. and Sherman Engineering LLC. He has been involved in engineering and construction for the past 25 years. Brett recently served as the La Plata County Planning Engineer for several years and has been a member of the Professional Ski Patrol at Purgatory and an EMT for the past 13 years. He worked previously as a reserve firefighter with Durango Fire & Rescue Authority and as a volunteer firefighter for Animas Fire Protection District. In his younger, wilder past he worked as a professional river guide.



Brett's relatives homesteaded in Durango in the late 1800s. Brett is a rare breed because he is a Durango native and graduated from Durango High School in 1981. He has a wife and four children ages 5 to 21 and both his parents still reside in Durango.

When not working, taking care of family, or attending Board Meetings, Brett still finds time to teach CPR and Basic First Aid classes for Heart Safe La Plata. He even speaks Spanish as a second language...Anybody need a Spanish CPR class?

## Board Members

- Scott Sholes, President . . . . . 382-6039
- Amy Knight, Vice-President . . . . . 749-3239
- Barbara Lawson, Secretary/Treasurer . . . . . 884-2406
- Kathy Morris . . . . . 247-3261 x 801
- Brett Sherman . . . . . 799-2555

## Program Coordinator

- J.T. Coyne . . . . . 769-7473



scan this to access the Heart Safe la Plata website

## Current AED Placements

AccounTax CPAs, Main Mall  
Animas Dental Associates  
Bank of Colorado  
Bank of the San Juans (All 3 branches!)  
Bar D Chuckwagon (summer only, sponsored by Mountain Bike Specialist)  
Bayfield Marshall (2 units)  
Bayfield Parks & Rec (sponsored by High Noon Rotary)  
Bayfield Realty at Vallecito  
Bayfield School District 10 JTR (5 units)  
Bayfield Senior Center (sponsored by Pinnacle Surveying)  
BP America (15 units)  
Dr. Ronald Caldwell (2 units)  
Christ the King Lutheran Church  
**Citizens State Bank of Ouray, Silverton Branch**  
City of Durango  
Chapman Hill  
City Hall  
General Services  
Library  
Mason Center  
Police Dept.  
Rec Center  
Transit Center  
City of Durango Police Department (13 officers)  
Colorado Department of Transportation (2 in Durango, 1 in Alamosa)  
Colorado Trails Ranch  
Country Market at Vallecito  
Dalton Ranch & Golf Club  
Department of Motor Vehicles (sponsored by DTW Properties)  
Dental Associates of the Southwest (Bayfield and Durango)  
Digestive Health Associates  
Durango & Silverton Narrow Gauge  
5 trains  
Dispatchers Office  
Ticket Office  
Durango Adult Education Center (sponsored by High Noon Rotary)  
Durango Arts Center (sponsored by Colorado Grand)  
**Durango Community Shelter (sponsored by the Durango Roller Girls)**  
Durango Dental Associates, 3235-A Main Ave.  
Durango Dental Clinic, 2323 W. 2<sup>nd</sup> Ave.  
**Durango Electrical Services Inc.**  
Durango Fire & Rescue Authority  
Durango Herald  
Durango Mountain Resort  
Purgatory Village Hotel  
Cascade Village  
Dante's (winter only)  
Powder House (winter only)  
Security  
Ski Patrol (winter only)  
Tamarron Lodge  
Durango Mountain Master Association/Durango Mountain Club  
Durango School District 9R (15 units)  
Durango Sports Club (2 units)  
Durango Urgent Care

### Durango West Metro District II

Dr. Eich, Oak Family Dentistry  
Falls Creek Ranch Homeowners (2 units)  
First National Bank (all 5 branches, including Wal-Mart!)  
First United Methodist Church  
Fitness Solutions 24/7  
Fort Lewis College  
Miller Student Center – main lobby across from Native American Center  
Student Life Center – main lobby  
College Union Building – main lobby  
Natatorium – first aid room  
Whalen Gymnasium – south end near Exercise Science offices  
Physical Plant – near Service Center offices  
Center of Southwest Studies – main lobby  
Community Concert Hall – main lobby  
Athletic Training Office located in Whalen Gymnasium  
Intramural Teams (2 units)  
Fort Lewis Police (3 units)  
Four Corner's Heart Clinic  
Four Corner's Materials  
Glacier Club (4 units)  
Heartwood Cohousing - Bayfield  
Health Services Center  
Ignacio School District 11 JT (6 units)  
La Plata County  
County Courthouse  
Fairgrounds  
Ballfields (summer only)  
Extension Offices  
Klatt Arena (summer only)  
Jail  
Old Main Post Office  
Road and Bridge  
19 Sheriff's Officers  
La Plata County Airport (2 units)  
La Plata Electric Association (Durango & Pagosa Springs)  
La Plata Family Medicine  
La Plata Senior Center, 2424 Main Ave.  
**Manna Soup Kitchen (sponsored by the Durango Rotary Club)**  
Medical Reserve Corp  
**Mercury Payment Systems (2 units)**  
Mind & Body Works, 129 E 32<sup>nd</sup>  
Dr. Jeff Nelson, 125 CR 250  
Our Place at Grandview (sponsored by United Methodist Church)  
Pine River Valley Bank  
Red Cedar Gathering (5 units)  
Rivergate Physical Therapy  
Rocky Mountain General Store at Vallecito  
San Juan Basin Health Department (sponsored by SW RETAC)  
San Juan Public Lands  
Bayfield  
Durango (2 locations)  
Silverton  
Silverton Public Schools (2 units, sponsored by Iron Horse Bicycle Classic)  
Southern Ute Tribe  
Annex Building  
**Detention Center (2 units)**

Growth Fund Building  
Head Start/Early Start  
Justice and Regulatory Building  
Moache-Capote Building  
**Multi-Purpose Building & Chapel**  
Public Health Clinic (4 units)  
Public Health Nurses Vehicles (5 units)  
**Sky Ute Fairgrounds**  
Southern Ute Lodge and Casino (9 units)  
SunUte Community Center (3 units)  
Tribal Admin Building (2 units)  
**Utilities Division Office**  
**Wastewater Management**  
St. Columba Catholic Church & School (2 units)  
St. Mark's Episcopal Church  
Strater Hotel  
Tall Timbers (2 units)  
Tech Center Plaza, 10 Burnett Court (sponsored by ENV, LLC)  
Three Springs Development  
Town of Ignacio  
4 Police Units  
Town Hall, 540 Goddard  
Upper Pine River Fire Protection District (2 units)  
Vista de Oro Homeowners

Heart Safe La Plata - [www.heartsafelaplata.org](http://www.heartsafelaplata.org)

La Plata County EMS Council

142 Sheppard Dr. ♥ Durango CO 81303 ♥ 970-769-7473