



Do you have an *Emergency Plan*?

Each AED site is asked to prepare an *Emergency Plan* and submit a copy of it to Heart Safe La Plata. This plan is simply documentation of when and how to use your AED. It should include:

1. Physical location of your AED
2. What to do for an emergency at your location
3. What to do for an **AED Alert!** at a nearby location (when you are contacted by 911 Dispatch)
4. Steps to use the AED
5. What to do following a use of the AED
6. Training requirements
7. Who has responsibility for maintenance of the AED and what does that include

If you have not yet prepared your location-specific *Emergency Plan*, a copy of a sample plan is available from any Heart Safe La Plata Board Member or call Barbara Lawson at 884-2406.

Durango Rotary Partners with Strater & AccountTax

The Durango Rotary club found a unique way of serving the community. By partnering with both the Strater Hotel and the Accounttax CPA's they were able to purchase two AED's from Heart Safe La Plata. The Rotary club has a history of service to the community so when approached by Heart Safe La Plata to join the program the Rotarians found a way to purchase not one but two AED's.

The Rotary club asked Strater Hotel owner Rod Barker and Accounttax CPA owner Virginia Miller-Cavanagh to contribute half the funds and the Rotary club would match their contribution. Everyone quickly saw the advantages to the matching funds and the benefit to the downtown locations for AED's.

Heart Safe La Plata then matched the combined Rotary and Business contribution and placed AED's in the Strater Hotel and the Main Mall with Accounttax CPA's.

Semiautomatic Versus Fully Automatic AEDs

Medtronics Physio-Control has put a freeze on the manufacture of additional CR+ AEDs while they are reorganizing. Because of this, Heart Safe La Plata has been forced to obtain AED units which were already manufactured and available. While all of the units we have purchased are CR+ , they come in two models: **semiautomatic** and **fully automatic**. All of the units

which were distributed during our first two grant years have been semiautomatic. These units require the person using the AED to actually press a button to deliver the shock.

Heart Safe La Plata has recently obtained 60 fully automatic units. Once the pads are in place and the AED turned on, these units take over the decision to deliver the shock. They will automatically deliver a shock if a shockable rhythm is detected without the user pressing any buttons. Please make sure you know which model of CR+ you have at your location. If you have any questions, give us a call. During your next CPR class, ask your instructor to discuss this important difference.

Heart Safe La Plata has also placed a number of units in locations where we rely on public access. This means that, in the event of a cardiac arrest, someone who is CPR/AED certified can grab an available AED off the wall and use it. Some of the locations to look for a public access AED include the Bar D Chuckwagon, the Durango-La Plata County Airport, and the Main Mall. If a cardiac arrest occurs at one of these locations and you are using the AED, be aware of whether it is a semiautomatic or a fully automatic unit. Make sure all people are clear of the patient when the fully automatic unit is preparing to deliver a shock.

Company Profile - Durango Mountain Resort

The north end of La Plata County is growing more populated with both visitors and residents. Durango Mountain Resort is working hard to be a valuable part of the community and enhance safety for everyone. According to Scott Clements, Director of Mountain Patrol and Risk Management, DMR is excited to be part of the Heart Safe La Plata AED Program. They have AEDs in public-access cabinets at Tamarron, Cascade Village, and Purgatory Village Hotel. The on-duty security officer carries one in his patrol vehicle. In the winter, AEDs are also placed at Dante's Restaurant and the Powder House.

Recently DMR provided a First Responder Class to eight key people in various areas of responsibility including administration, mechanical repair, engineering, retail & rental shop management, and children's ski school. These people now serve "on-call" on a rotating basis to help protect all of us. Thank you, DMR, for being such a good example. Together we will save lives.

Board Member Profile

Mark Rich is a small business owner in Durango, Colorado, who has been actively involved in the emergency response system for ten years. He received a psychology degree from Georgetown College in Georgetown, Kentucky, in 1985 and became an emergency responder for the Hopkins County Rescue Squad in Madisonville, Kentucky in 1995. After moving to La Plata County, Colorado, in



2000, he received his EMT-Basic and IV certifications from San Juan Vo-Tech. Mark began volunteering with La Plata County Search and Rescue team in 2001 and joined Durango Fire and Rescue Authority as a volunteer firefighter/medic in 2002. He is the current President of Heart Safe La Plata.

Current AED Placements

AccountTax CPAs, Main Mall
Bank of the San Juans (All 3 branches!)
Bar D Chuckwagon (summer only, sponsored by Mountain Bike Specialist)
Bayfield Parks & Rec (sponsored by Pinnacle Surveying)
Dr. Ronald Caldwell, 2301 W. 2nd Ave
Christ the King Lutheran Church
City of Durango
 Mason Center
 City Hall
 General Services
 Rec Center
 Chapman Hill
 Library
 Police Dept.
Colorado Department of Transportation (2 in Durango, 1 in Alamosa)
Colorado Trails Ranch
Curves for Women, 489 Florida Rd
Dalton Ranch & Golf Club
Jay Daniel
Durango & Silverton Narrow Gauge
 5 trains
 Dispatchers Office
 Ticket Office
Durango Custom Hats, 563 Main Ave.
Durango Dental Associates, 3235-A Main Ave.
Durango Dental Clinic, 2323 W. 2nd Ave.
Durango Mountain Resort
 Purgatory Village Hotel
 Cascade Village
 Dante's (winter only)
 Powder House (winter only)
 Security
 Ski Patrol (winter only)
 Tamarron Lodge
ENV, LLC, 10 Burnett Ct.
Fitness Solutions 24/7
Fort Lewis College
 Miller Student Center – main lobby across from Native American Center
 Student Life Center – main lobby behind desk
 College Union Building – main lobby near information desk
 Natatorium – first aid room
 Whalen Gymnasium – south end near Exercise Science offices
 Physical Plant – near Service Center offices
 Center of Southwest Studies – main lobby
 Community Concert Hall – main lobby
 Head Athletic Training Office located in Whalen Gymnasium

Fort Lewis Police (3 units)
Four Corner's Heart Clinic
Four Corner's Materials
Glacier Club (2 units)
Heartwood Cohousing - Bayfield
Ignacio School District 11 JT (5 units)
La Plata County
 County Courthouse
 Fairgrounds
 Ballfields (summer only)
 Exhibit Hall
 Extension Offices
 Klatt Arena (summer only)
 Jail
 Old Main Post Office
 Road and Bridge
 19 Sheriff's Officers
La Plata County Airport (2 units)
La Plata Electric Association, 45 Stewart St. & Pagosa Springs
La Plata Senior Center, 2424 Main Ave.
Ladies Workout Express, 16 Town Plaza
Dr. Jeff Nelson, 125 CR 250
Dr. Bill Palko-Schraa, 129 E 32nd
Pine River Valley Bank
Red Cedar Gathering (5 units)
Mark Rich
San Juan Public Lands
 Bayfield
 Durango (2 locations)
 Silverton
Silverton Mountain (winter only)
Silverton Public Schools (2 units, sponsored by Iron Horse Bicycle Classic)
Southern Ute Tribe
 Annex Building
 Community Center
 Growth Fund Building
 Justice and Regulatory Building
 Southern Ute Lodge and Casino
 Tribal Admin Building
Strater Hotel
Tall Timbers (2 units)
The Training Room, 575 River Gate Ln #208
Town of Ignacio
 4 Police Units
 Town Hall, 540 Goddard
Vista de Oro Homeowners

Heart Safe La Plata

La Plata County EMS Council

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