



Another Save

Heart Safe La Plata recognized several casino employee who deployed one of their AEDs and save another life on March 24. Lynette Whitethrone-Caldron, George Doscher, Louis Valencia, Leroy Olbert, Joe Caldron, and Leora Lucero. We also thanked their CPR Instructor, Gene Jacques.

Los Pinos responders who transported the patient to the hospital were Tyrun Harris, Dominik Marquez, Norm Niesen, Tony Stephens, and Stephen Burns.

Thanks to all of you for doing your jobs and making this a safer community to live and work. Now we can celebrate the survival of one of our patients.



Accolades for Mary Rieke

One of Mary's students took the time to write ASHI and commend her teaching skills. ASHI responded with a letter to us acknowledging her efforts. Their letter said "On behalf of American Safety and Health Institute (ASHI), I want to take this moment to recognize the exemplary performance that you have exhibited in the classroom. Thank you for your hard work and commitment to ASHI and the fine representation of our programs; you are truly an asset to our organization." Kudos to Mary and thanks for being you! You are appreciated.



New CPR Program Coordinator

We would like to welcome Bill Koons as our new Program Coordinator. He will be scheduling all of our CPR, Basic First Aid and Emergency Medical Response classes. Bill is currently a reserve paramedic and firefighter with Durango Fire Protection District. He has been an educator for San Juan Basin Technical College, Durango High School and various other public schools in Colorado and New Mexico. He has a Bachelor of Science degree in Biology and a Master's degree in Secondary Science. You can reach Bill at 799-3260.



G2015 CPR & Basic First Aid

The long-awaited new ASHI materials from the 2015 Guidelines summit released in June. We have ordered the updated materials and will be able to fill you in on some of the changes soon. Here are a few interesting ones:

- Use of feedback devices can be effective in improving CPR performance during training
- Administration of naloxone to all unresponsive opioid associated life- threatening emergency patients
- Perform CPR with the goal of a chest compression fraction as high as possible, with a target of at least 60%
- In remote or wilderness settings where commercially made topical antibiotics are not available, it may be reasonable to consider applying honey topically as an antimicrobial agent

If you are interested in finding out more about the G2015 CPR and First Aid changes, give Bill Koons a call at 799-3260. He can schedule classes for individuals or organizations.

Board Members

Scott Sholes, President. 382-6039
 Amy Knight, Vice-President. . . 749-3239
 Barbara Lawson, Sec/Treas. . . . 884-2406
 Kathy Morris. 247-3261 x 801
 Brett Sherman. 799-2555

Program Coordinator

Bill Koons. 799-3260

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Current AED Placements

Animas Dental Associates
Animas High School
Animas La Plata (2 units)
Animas Urgent Care
Axis Health Systems (3 units)
Bank of Colorado
Bank of the San Juans (All 3 branches!)
Bar D Chuckwagon (summer only, sponsored by Mountain Bike Specialist)
Bayfield Marshall (9 units)
Bayfield Parks & Rec (sponsored by High Noon Rotary)
Bayfield School District 10 JTR (7 units)
Bayfield Senior Center (sponsored by Pinnacle Surveying)
BP America (7 units)
Christ the King Lutheran Church
Citizens State Bank of Ouray, Silverton Branch
City of Durango
Chapman Hill
City Hall
General Services
Library
Mason Center
Police Dept.
Police Officers (13 units)
Rec Center
Riverview Sports Complex
School Resourcer officers (4 units)
Transit Center
Colorado Trails Ranch
Colvig Silver Camps
Country Market at Vallecito
Crossfire, LLC
Crossroads Building
Dalton Ranch & Golf Club
Department of Motor Vehicles (sponsored by DTW Properties)
Dental Associates of the Southwest (Bayfield and Durango)
Digestive Health Associates
Durango & Silverton Narrow Gauge
5 trains
Dispatchers Office
Museum
Ticket Office
Durango Adult Education Center (sponsored by High Noon Rotary)
Durango Arts Center (sponsored by Colorado Grand)
Durango Central Dispatch
Durango Chamber of Commerce, Santa Rita
Durango Community Shelter (sponsored by the Durango Roller Girls)
Durango Dental Associates
Durango Dental Clinic
Durango Dermatology
Durango Electrical Services Inc.
Durango Fire & Rescue Authority (2 units)
Durango Herald
Durango Mountain Resort
Purgatory Village Hotel
Dante's (winter only)
Powder House (winter only)
Security

Ski Patrol (winter only)
Tamarron Lodge
Durango Mountain Master Association/Durango Mountain Club
Durango Orthopedics Associates
Durango School District 9R (18 units)
Durango Sports Club
Durango Urgent Care
Durango Welcome Center (sponsored by Durango Rotary)
Durango West Metro District II
Falls Creek Ranch Homeowners (3 units)
First Baptist Church
First National Bank (all 5 branches, including Wal-Mart!)
First United Methodist Church
Fitness Solutions 24/7
Florida Grange
Fort Lewis College (22 units)
Aquatic Center
Art Hall
Athletic Training Office located in Whalen Berndt Hall (2 units)
Campbell Childcare Center
Chemistry Hall
Center of Southwest Studies – main lobby
College Union Building – main lobby
Community Concert Hall – main lobby
Education Business Hall
Intramural Teams (2 units)
Jones Hall
Library
Miller Student Center – main lobby across from Native American Center
Natorium – first aid room
Noble Hall
Physical Plant – near Service Center offices
Student Life Center – main lobby
Theater
Whalen Gymnasium – south end near Exercise Science offices
Fort Lewis Police (5 units)
Four Corner's Materials (3 units)
Glacier Club (4 units)
Heartwood Cohousing - Bayfield
Hideaway Grill at Vallecito
Ignacio School District 11 JT (6 units)
Resource Officer
Junction Creek Family Dentistry
Kendall Mountain Lodge (winter only)
Dr. Preston Knight, 2301 W. 2nd Ave.
La Plata County
Administration Building
Fairgrounds
Ballfields (summer only)
Exhibit Hall
Extension Offices
Klatt Arena (summer only)
Jail
Old Main Post Office
Road and Bridge
21 Sheriff's Officers
La Plata County Airport (2 units)
La Plata Electric Association (Durango & Pagosa Springs +6 units in vehicles)

La Plata Family Medicine
La Plata Senior Center, 2424 Main Ave.
Main Mall
Manna Soup Kitchen (sponsored by the Durango Rotary Club)
Medical Reserve Corp
Mercury Payment Systems (2 units)
Mercy Family Medicine
Mercy Medical Office Building (4 units)
Oak Family Dentistry
Our Place at Grandview (sponsored by United Methodist Church)
Red Cedar Gathering (6 units)
Rivergate Physical Therapy
Rocky Mountain General Store at Vallecito
San Juan Basin Health Department (sponsored by SW RETAC)
San Juan Public Lands
Bayfield
Durango (2 locations)
Silverton
Silverton/San Juan County Sheriff, 4 deputies
Southern Ute Tribe
Annex Building
Construction Services Department
Dental Clinic
Detention Center (2 units)
Education Department
Environmental Projects Division
Growth Fund Building
Head Start/Early Start
Justice and Regulatory Building
Moache-Capote Building
Montessori School
Multi-Purpose Building & Chapel
Police (6 units)
Property and Facilities Building
Public Health Clinic (4 units)
Public Health Nurses Vehicles (7 units)
Rangers (6 units)
Red Willow Production Building
Sky Ute Fairgrounds
Southern Ute Lodge and Casino (9 units)
SunUte Community Center (3 units)
Tribal Admin Building (2 units)
Tribal Court
Utilities Division Office (2 units)
Wastewater Management
St. Columba Catholic Church & School (3 units)
St. Mark's Episcopal Church
Strater Hotel
Sunshine Gardens
Three Springs Development
Town of Ignacio
Police (5 units)
Town Hall, 540 Goddard
Trimble Spa and Natural Hot Springs
Twin Buttes Dental
Unitarian Universalist Fellowship of Durango
Upper Pine River Fire Protection District (2 units)
Vista de Oro Homeowners

Heart Safe La Plata - www.heartsafelaplata.org

La Plata County EMS Council

